Pacific Crest Trail Association
Mount Hood Chapter
Trailhead Communications Plan (TCP)

Project Information

Crew Leader Name:		**Date/Time In Service:**	
Crew Leader Cell #:		**Date/Time Out of Service:**	
Crew Size:		**Planned Trailwork:**	
Project Notes:			

Project Location

Forest:	Mount Hood NF	**Name of Trailhead:**	Frog Lake (South)
Ranger District:	Zigzag Ranger District	**Road and Milepost:**	Hwy 26, 5 mi E of Hwy 35
County and State:	Wasco, OR	**GPS Coordinates:**	N 45° 13' 45.53"
Nearest Town/City:	Gvmnt Camp (7m), Zigzag (18m)		W 121° 41' 58.39"
Nearest Intersection:	Hwy 26 and Hwy 35	**Township/Range/Section:**	T4S, R9E, S8

Closest Emergency Care

Nearest Hospital:	Legacy Mount Hood Medical Center	**Hospital Phone:**	503-674-1122
Hospital Address:	24800 SE Stark St., Gresham, OR 97030	**Distance from Trailhead:**	48 miles (1:00)

Driving directions to Hospital from trailhead:

West on Hwy 26 (46.0). Right on NE Hogan Dr (1.3). Right on SE SE Stark (0.3). Right into hospital.

Contact Information

Columbia Dispatch:	waccc@firenet.gov, 360-891-5140 (voice), 360-891-5145 (fax)		
Alternate Dispatch:			
USFS (Business Hours)**:**	Rachel Drake, 503-622-2026 (desk)		
County Sheriff:	Wasco: 541-506-2580	**Fire and Rescue:**	
PCTA, Mt Hood Chair (After Hours)**:**	Leif Hovin, 503-245-3822		
PCTA, Regional Rep (After Hours)**:**	Dana Hendricks, 541-844-9133		
PCTA, Dir Trail Ops (After Hours)**:**	Jen Tripp, 916-285-1853 (work), 916-243-9923 (cell)		

Emergency Action Plan Roles (delegate at trail head, in case of emergency)

Situation Mgr (crew ldr)**:**		**Alternate Situation Mgr:**	
First Aid Lead:		**Communications Lead:**	
carries first aid kit, initiates patient care, takes notes		carries radio, calls for assistance if required	

Radio Instructions

Use cell phone if service is available, otherwise: - Stand in a clear location, hold the radio upright - Check radio for correct channel or repeater - Key and hold the mic, wait for 2 seconds, then speak - Try at least 3 times, at least a minute apart - If needed, move location and change channels	**Cell reception:**	Parking & some on trail
	Radio channel (repeater):	MH CLRLK
	Radio reception:	
	Script Example: Columbia, this is <your name> on Clear Lake Butte.	

Radio Alphabet: Alpha, **B**ravo, **C**harlie, **D**elta, **E**cho, **F**oxtrot, **G**olf, **H**otel, **I**ndia, **J**uliet, **K**ilo, **L**ima, **M**ike, **N**ovember, **O**scar, **P**apa, **Q**uebec, **R**omeo, **S**ierra, **T**ango, **U**niform, **V**ictor, **W**hiskey, **X**-Ray, **Y**ankee, **Z**ulu

Send to Dispatch, Agency Contact and PCTA Staff. Print three copies of this sheet:
1-Communications Lead. 2-First Aid Lead to send with patient, 3-Crew Leader.

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Mount Hood Chapter
Emergency Action Plan (EAP)

IN THE EVENT OF AN EMERGENCY, FOLLOW THESE STEPS:

1. **Initiate Care** for patient - **First Aid Lead**
   a. Write medical or SOAP notes.
   b. Get patient's emergency contact info from Crew Leader (Sign-up sheet).

2. **Call 911 or Dispatcher** if needed - **Communications Lead** *(Refer to the TCP)*
   a. Relay pertinent medical or SOAP notes written by the First Aid Lead.
   b. Do not use the injured person's name over the radio.

3. **Evacuate if Necessary**, send emergency contact information and medical or SOAP note with patient.

4. **Get Emergency Treatment** by a medical provider, if needed.
   a. Inform agency authorities first, if possible. (Refer to the TCP)
   b. All injuries should be treated on the date of the accident or as soon as possible
   c. Go to the closest source of emergency care. (Refer to the TCP)
   Other emergency care destinations:

Clackamas (24hr) -	Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd., Clackamas OR, 97015, 503-652-2880
Gresham -	Legacy-GoHealth Urgent Care, 22262 NE Glisan St., Gresham OR, 97030, 503-666-5050
Gresham (24hr) -	Legacy Mount Hood Medical Center, 24800 SE Stark St., Gresham OR, 97030, 503-674-1122
Hood River (24hr) -	Providence Hood River Memorial Hospital, 810 12th St., Hood River OR, 97031, 541-386-3911
Morton (24hr) -	Morton General Hospital, 521 Adams Ave., Morton WA, 98356, 360-496-5112
Oregon City (24hr) -	Willamette Falls Medical Center, 1500 Division St., Oregon City OR, 97045, 503-656-1631
Portland (24hr) -	Providence Medical Center, 4805 NE Glisan St., Portland OR, 97213, 503-215-1111
Salem -	Salem Health, 890 Oak St. SE, Salem OR, 97301, 503-814-1572
Sandy -	Adventist Health Urgent Care, 17055 Ruben Ln., Sandy OR, 97055, 503-668-8002
Vancouver (24hr) -	PeaceHealth Southwest Medical Center, 400 NE Mother Joseph Pl., Vancouver WA, 98664, 360-514-2000
White Salmon (24hr) -	Skyline Hospital, 211 Skyline Dr., White Salmon WA, 98672, 509-493-1101

5. **Report Injury** to Agency Authorities and PCTA
   a. Even if you do not seek treatment
   b. In non-emergency situations, notification occurs before formal medical care is sought.
   c. Agency and PCTA contacts are listed on TCP

6. **Notify Emergency Contact** for injured person as listed on the Volunteer Sign-up sheet.

7. **Documentation**.
   a. At a minimum, a form CA-1 (Report of Injury) should be completed by the injured party for all injuries (even if medical treatment is not sought);
   b. Witness statements should be included.
   c. All injuries should be reported within 24 hours of occurrence.

8. As you seek treatment, you may request to have your medical costs compensated by the U.S. Government due to your status as a volunteer under FECA. This compensation coverage is through the U.S. Department of Labor, Office of Worker's Compensation Programs (OWCP). This is federal, not state, OWCP. **It is not considered to be "insurance."**

See: PCTA Volunteer Injury Instructions for more details