

## **Pacific Crest Trail Association Mount Hood Chapter Trailhead Communications Plan (TCP)**



### **Project Information**

- Try at least 3 times, at least a minute apart

- If needed, move location and change channels

| Crew Leader Name:                                                                                                             |                                                             |                                      | Date/Time In Service:           |                                            |                                       |  |  |
|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------|---------------------------------|--------------------------------------------|---------------------------------------|--|--|
| Crew Leader Cell #:                                                                                                           |                                                             |                                      | Date/Time Out of Service:       |                                            |                                       |  |  |
| Crew Size:                                                                                                                    |                                                             |                                      | Planned Trailwork:              |                                            |                                       |  |  |
| Project Notes:                                                                                                                |                                                             |                                      |                                 |                                            |                                       |  |  |
| Project Location                                                                                                              | •                                                           |                                      |                                 |                                            |                                       |  |  |
| Forest:                                                                                                                       | Gifford Pinchot NF                                          |                                      | Name of Trailhead:              |                                            | Riley Camp Trailhead                  |  |  |
| Ranger District:                                                                                                              | Mount Ada                                                   | ms Ranger District                   | Road and Milepost:              |                                            | Rd 23, 2 mi south of Rd 90            |  |  |
| County and State:                                                                                                             | Skamania, <sup>v</sup>                                      | WA                                   | GPS Coordinates:                |                                            | N 46° 13' 04.15"                      |  |  |
| Nearest Town/City:                                                                                                            | Trout Lake,                                                 | . WA (19m)                           |                                 |                                            | W 121° 38' 00.69"                     |  |  |
| Nearest Intersection:                                                                                                         | Rd 23 and F                                                 | Rd 90                                | Township/Range/Section:         |                                            | :T9N, R9E                             |  |  |
| Closest Emergency                                                                                                             | Care                                                        |                                      |                                 |                                            | · · · · · · · · · · · · · · · · · · · |  |  |
| Nearest Hospital:                                                                                                             | Skyline Hospital                                            |                                      |                                 | Hospital Phone: 509-493-1101               |                                       |  |  |
| Hospital Address:                                                                                                             | 211 Skyline Dr., White Salmon, WA 98672                     |                                      |                                 | Distance from Trailhead: 41.8 miles (1:26) |                                       |  |  |
| Driving directions to Hospital from trailhead:                                                                                |                                                             |                                      |                                 |                                            |                                       |  |  |
| South on Rd 23 (18.7 mi), straight onto WA 141 (22.9 mi), left onto NE Skyline Dr. (0.3 mi).                                  |                                                             |                                      |                                 |                                            |                                       |  |  |
|                                                                                                                               |                                                             |                                      |                                 |                                            |                                       |  |  |
| Contact Information                                                                                                           | n                                                           |                                      |                                 |                                            |                                       |  |  |
| Columbia Dispatch:                                                                                                            | waccc@firenet.gov, 360-891-5140 (voice), 360-891-5145 (fax) |                                      |                                 |                                            |                                       |  |  |
| Alternate Dispatch:                                                                                                           |                                                             |                                      |                                 |                                            |                                       |  |  |
| USFS (Business Hours):                                                                                                        | Dean Robertson, 509-637-4141                                |                                      |                                 |                                            |                                       |  |  |
| County Sheriff:                                                                                                               | Skamania:                                                   | 509-427-9490                         |                                 | Fire                                       | Fire and Rescue: 360-837-3420         |  |  |
| PCTA, Mt Hood Chair (/                                                                                                        | After Hours):                                               | ter Hours): Leif Hovin, 503-245-3822 |                                 |                                            |                                       |  |  |
| PCTA, Regional Rep (Af                                                                                                        | ter Hours) <b>:</b>                                         | Michael Hanley, 206                  | -295-9359                       |                                            |                                       |  |  |
| PCTA, Dir Trail Ops (Afte                                                                                                     | er Hours):                                                  | Jen Tripp, 916-285-1                 | 853 (work), 916-243-9923 (cell) |                                            |                                       |  |  |
| <b>Emergency Action F</b>                                                                                                     | Plan Roles                                                  | (delegate at trail head, i           | in case of emerge               | ncy)                                       |                                       |  |  |
| Situation Mgr (crew ldr):                                                                                                     |                                                             |                                      | Alternate Situation Mgr:        |                                            |                                       |  |  |
| First Aid Lead:                                                                                                               |                                                             |                                      | Communications Lead:            |                                            |                                       |  |  |
| carries first aid kit, initiates patient care, takes notes carries radio, calls for assistance if required                    |                                                             |                                      |                                 |                                            |                                       |  |  |
| Radio Instructions                                                                                                            |                                                             |                                      |                                 |                                            |                                       |  |  |
| Use cell phone if service                                                                                                     |                                                             |                                      | Cell reception:                 |                                            | Spotty/Not Reliable                   |  |  |
| - Stand in a clear location, hold the radio upright                                                                           |                                                             |                                      | Radio channel (repeater):       |                                            | GP FLTOP, GP DEFNC                    |  |  |
| <ul> <li>Check radio for correct channel or repeater</li> <li>Key and hold the mic, wait for 2 seconds, then speak</li> </ul> |                                                             |                                      | Raulo channe                    | i (repeater):                              | GP FLIOP, G                           |  |  |
| - Key and hold the mic                                                                                                        |                                                             | •                                    | Radio receptio                  |                                            | GP FLTOP, G<br>Good                   |  |  |

Radio Alphabet: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-Ray, Yankee, Zulu

Flat Top.



Pacific Crest Trail Association Mount Hood Chapter Emergency Action Plan (EAP)



# IN THE EVENT OF AN EMERGENCY, FOLLOW THESE STEPS:

### 1. Initiate Care for patient - First Aid Lead

- a. Write medical or SOAP notes.
- b. Get patient's emergency contact info from Crew Leader (Sign-up sheet).
- 2. Call 911 or Dispatcher if needed Communications Lead (Refer to the TCP)
  - a. Relay pertinent medical or SOAP notes written by the First Aid Lead.
  - b. Do not use the injured person's name over the radio.
- 3. Evacuate if Necessary, send emergency contact information and medical or SOAP note with patient.
- 4. Get Emergency Treatment by a medical provider, if needed.
  - a. Inform agency authorities first, if possible. (Refer to the TCP)
  - b. All injuries should be treated on the date of the accident or as soon as possible
  - c. Go to the closest source of emergency care. (Refer to the TCP)
    - Other emergency care destinations:
      - Clackamas (24hr) Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd., Clackamas OR, 97015, 503-652-2880 Gresham - Legacy-GoHealth Urgent Care, 22262 NE Glisan St., Gresham OR, 97030, 503-666-5050
      - Gresham (24hr) Legacy Mount Hood Medical Center, 24800 SE Stark St., Gresham OR, 97030, 503-674-1122
      - Hood River (24hr) Providence Hood River Memorial Hospital, 810 12th St., Hood River OR, 97031, 541-386-3911
      - Morton (24hr) Morton General Hospital, 521 Adams Ave., Morton WA, 98356, 360-496-5112
      - Oregon City (24hr) Willamette Falls Medical Center, 1500 Division St., Oregon City OR, 97045, 503-656-1631
        - Portland (24hr) Providence Medical Center, 4805 NE Glisan St., Portland OR, 97213, 503-215-1111 Salem - Salem Health, 890 Oak St. SE, Salem OR, 97301, 503-814-1572
          - Sandy Adventist Health Urgent Care, 17055 Ruben Ln., Sandy OR, 97055, 503-668-8002
      - Vancouver (24hr) PeaceHealth Southwest Medical Center, 400 NE Mother Joseph Pl., Vancouver WA, 98664, 360-514-2000
    - White Salmon (24hr) Skyline Hospital, 211 Skyline Dr., White Salmon WA, 98672, 509-493-1101
- 5. Report Injury to Agency Authorities and PCTA
  - a. Even if you do not seek treatment
  - b. In non-emergency situations, notification occurs before formal medical care is sought.
  - c. Agency and PCTA contacts are listed on TCP
- 6. Notify Emergency Contact for injured person as listed on the Volunteer Sign-up sheet.

#### 7. Documentation.

- a. At a minimum, a form CA-1 (Report of Injury) should be completed by the injured party for all injuries (even if medical treatment is not sought);
- b. Witness statements should be included.
- c. All injuries should be reported within 24 hours of occurrence.
- 8. As you seek treatment, you may request to have your medical costs compensated by the U.S. Government due to your status as a volunteer under FECA. This compensation coverage is through the U.S. Department of Labor, Office of Worker's Compensation Programs (OWCP). This is federal, not state, OWCP. It is not considered to be "insurance."

See: PCTA Volunteer Injury Instructions for more details